



ASSOCIATION OF MANDHATA SAMAJ UK

Registered Charity in England No. 1055169

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Introduction: The Association of Mandhata Samaj UK (AMSUK) recently hosted its highly anticipated 2023 Annual General Meeting (AGM) and Sammelan Event at the esteemed Sitara Hall in Wolverhampton, West Midlands. Held on Sunday, 06 August 2023, the event marked a significant gathering of the Mandhata community in the UK, fostering a sense of togetherness, cultural pride, and reflection on the journey thus far.

Morning Session: Paying Homage and Reflecting on Progress: The morning session commenced with solemn prayers and a moment of silence, allowing attendees to pay their respects to departed community members who continue to hold a special place in our hearts. This poignant start set the tone for a day of introspection and communal unity.

AMSUK President, Hasmukhbhai, took the stage to extend a warm welcome to all attendees. In his address, he underscored the organization's vital role in preserving and promoting the rich cultural heritage of the Mandhata community over the past fifty-one years. Expressing gratitude for the visionary efforts of past founders, Hasmukhbhai posed a thought-provoking question: Have we, as a community, progressed as much as we should have from the foundation laid by our predecessors? The President emphasized the need for collective action and pondered whether the current efforts are sufficient to sustain our cultural identity in the long run.

He highlighted the interdependence of the community's future on the active involvement of both current and future generations within AMSUK's umbrella organization and its Affiliated Towns. Hasmukhbhai urged attendees to critically assess ways to rejuvenate member engagement, particularly in Affiliated Towns, and foster robust participation in AMSUK's events and initiatives.

In closing, the President called upon the AMSUK Management Committee, Affiliated Towns representatives, and Gaam Mandals representatives to engage in periodic strategic discussions. These deliberations should outline the trajectory for the Mandhata Community's journey and establish short- to medium-term goals, driving the community toward progress and unity. Hasmukhbhai extended his heartfelt appreciation to the AMSUK Management Committee and the entire community for their unwavering support.

Midday Formalities and Nourishment: The formal AGM proceedings concluded before midday, transitioning seamlessly into a period of relaxation and sustenance. Attendees were treated to morning refreshments and a sumptuous afternoon lunch thoughtfully prepared by the Wolverhampton Ladies of the Gujarati Association (GA). This shared mealtime fostered connections and reinforced the sense of community spirit that resonated throughout the event.

Afternoon Session: Fostering Holistic Well-being: The chair yoga session, skillfully led by Naina from Coventry, resonated with the participants, effectively establishing the ambiance for the subsequent afternoon segment. This session served as a fitting prelude to an enriched program focused on matters of health and well-being.

The afternoon program was highlighted by captivating presentations that centered on essential health subjects. Dr. Jyotiben Shah brought forth enlightening insights regarding Prostate Cancer, a topic often marred by societal stigma and silence. Bhavna Patel illuminated the discourse around Mental Health and Well-being, advocating for open dialogues and enhanced comprehension. Sureshbhai Rajpura delved into the realm of Ayurveda, offering profound perspectives on comprehensive well-being.

These presentations were lauded for their informative and educational content, addressing issues that are often overlooked within the community. They underscored the significance of early recognition of symptoms and the importance of seeking appropriate care, while dismantling the taboos that shroud such discussions.



Celebrating Unity and Looking Ahead: The Sammelan Event attracted an enthusiastic audience of over 250 attendees, embodying the vibrant social fabric and unity of the Mandhata community. The event showcased the collective strength and potential when community members come together in support and harmony.

In his closing words, Hasmukhbhai Patel, President of AMSUK, expressed his best wishes for the continued success and progress of Mandhata members. With hope in his heart, he looked forward to a future where the community's spirit continues to flourish, bringing forth positive change and lasting bonds.

Conclusion: The 2023 AMSUK AGM/Sammelan Event provided a platform for introspection, education, and unity, encapsulating the essence of the Mandhata community's journey in the UK. The event's success reaffirmed the community's commitment to preserving its cultural identity and promoting holistic well-being. As AMSUK looks ahead, the echoes of this gathering serve as a reminder that progress is not just a destination but an ongoing journey that thrives on unity, engagement, and collective effort.

For further details about AMSUK, please visit our Website: www.amsuk.org

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